



Our menus are purely suggestions we are happy to create a menu for your specific event or occasion within your special requirements & budget. We are happy to provide a taster session

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## Cold Fork Buffet Menu

### Cold Dishes

- Dressed Pinot Gringo Poached Salmon
- Honey & Mustard glazed Ham
- Welsh Black Beef dusted with mustard seeds
- Crown of Pembroke Turkey
- Whole Herb Roasted Chicken
- Green Lipped Mussels
- Penclawdd Cockles
- Tiger Tail Prawns
- Rare Roast Silverside of Beef

### Vegetarian

- Wild rice and mushroom roasted pepper parcels
- Beef Tomato with Mediterranean vegetables

### Salads & Potatoes

- |                                       |                                     |
|---------------------------------------|-------------------------------------|
| Mixed Leaf Salad with Vinaigrette     | Crisp Mint Cucumber Salad           |
| Red onion coleslaw                    | Tomato, garlic & basil salad        |
| Beetroot, feta & red onion salad      | Tomato, mozzarella & basil salad    |
| Melon, mint & chilli salad            | Mediterranean cous cous             |
| Carrot, orange & toasted sesame salad |                                     |
| Waldorf salad                         | Spinach, pear & gorgonzola salad    |
| Wild Rice and prawn salad             | Tuna & Penni Pasta salad            |
| Tagatelli Verdi and Tomato Salad      | Potato & red onion salad            |
| Potato & wholegrain mustard salad     | Potato, Garlic & spring onion salad |
| Traditional Parsley buttered potatoes |                                     |
| Jacket potatoes                       |                                     |
| Garlic & rosemary skewered potatoes   |                                     |

- |                                                   |        |
|---------------------------------------------------|--------|
| 1 selections + vegetarian and 2 Salads & 1 Potato | £9.75  |
| 2 selections + vegetarian and 2 Salads & 1 Potato | £11.25 |
| 3 selections + vegetarian and 2 Salads & 1 Potato | £12.75 |



1. Gluten



2. Crustaceans



3. Mollusc



4. Fish



5. Nuts



6. Peanuts



7. Sesame seeds



8. Eggs



9. Milk



10. Mustard



11. Celery



12. Lupin



13. Soya



14. Sulphur Dioxide

